



DUOLIFE

DUOLIFE
Catalogue

Make every day **unique...**

EN



Key

- | | | |
|--|--|---|
|  IHHP™ fixation |  concentrated formula |  proprietary formula |
|  free of any corrosive substances or aggressive chemicals |  gluten-free |  resistance during passage through the digestive tract |
|  powered by the nature |  preservative and GMO-free |  optimal strain protection |
|  umbrella brand |  BPA-free |  concentrated formula |
|  100% natural ingredients |  lactose-free product |  perfect for cooking |
|  special glass bottle for pharmaceutical purposes |  no added sugar |  the product contains only natural colourants |
|  source of fibre and full grain |  handmade |  product for vegans and vegetarians |
|  environmentally sound |  safe for the skin |  high bioavailability |
|  5:1 lutein to zeaxanthin ratio: 5:1 |  clinically tested ingredients |  convenient form of sachets |

Make every day unique...

If you are holding this catalogue in your hands, it means that the values important to you match DUOLIFE values. It is also a sign that you want to care consciously about what is most precious to you: your health and the health of those who are close to you, and you want to create the best conditions for achieving the set objectives. Excellent choice - in DUOLIFE all this is really possible.



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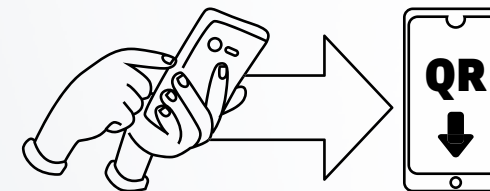
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QR code instruction

Using the QR codes, you will learn more about all details of the products, history, mission and values pursued in DUOLIFE. The codes that are added to the catalogue will allow you to open specially prepared tabs with additional information on the smartphone or any other mobile device. To view the tabs, download an application for scanning QR codes, start it, scan the code from the catalogue, and enter the fascinating DUOLIFE world!

1



Download the application

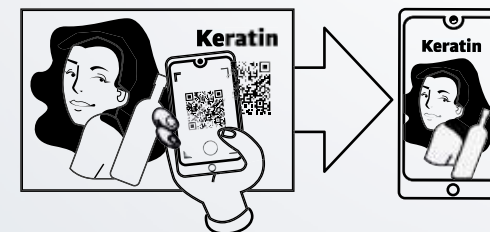


2



Start the application

3



Scan the code



Health Fashion

The way our modern world is organised has made health and vitality become trendy. Increased awareness has contributed to changing human needs: more and more people are looking for products that support their health and keep their body fit. DUOLIFE addresses those needs!

Be trendy - be healthy!

More and more people all over the world are aware of how important it is to care about your health. This is influenced by development of science and definitely easier access to information than in the past. Those factors cause that the new trend, i.e. health fashion, is becoming increasingly popular.

DUOLIFE, a company that produces innovative food supplements and cosmetics, contributes significantly to his development. Additionally, in cooperation with the World Healthy Living Foundation, DUOLIFE organises pro-health Social Campaign "I live Consciously", and promotes 5S Strategy, which has more and more fans.



Physical fitness



Conscious nutrition



**Stress management,
i.e. work with your mind**



**Efficient
cleansing**



Supplementation



Health

Health, supported with the use of unique dietary supplements, is the first of the DUOLIFE pillars. Their quality and effectiveness will not build your business, but they will become its foundation. Understanding the need of regular dietary supplementation and the resulting strength and wellbeing will empower you share your story.

Scan QR code for more information

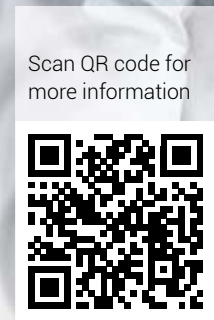
The most important pillars in human life.

- Health
- Business
- Development

Take care of what's the most important!

Nowadays, in our world full of challenges and tasks done in a constant rush, it is easy to forget about such an important thing as caring about your health. And it is health that is the highest value, which must be looked after every day, regardless of the circumstances.

The DUOLIFE Company, produces exceptionally effective dietary supplements that address the needs of the contemporary world. People all around the world need top quality products, to take proper care of the condition of their body. Everything they need, they find in DUOLIFE.



Business

Financial opportunities are available to everyone thanks to the unique DUOLIFE Compensation Plan, which is the second DUOLIFE pillar. You will quickly reach the conclusion that the most profitable business practice for now and for the future is to share your experiences and invite people to become DUOLIFE Members of your team.

The most important pillars in human life.

Health

Business

Development

Softmarketing[®],
i.e. safe business, innovation and passion.

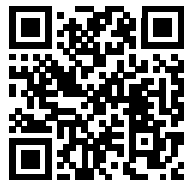
Softmarketing[®], is an innovative business model on which the success of DUOLIFE is based, it is a revolution in business thinking. It is a response to the requirements of a dynamically changing market, which is the best alternative to other forms of business activity and full-time employment.

Softmarketing[®], DUOLIFE develops rapidly, attracting individuals all walks of life and diverse business backgrounds. Each individual, no matter what their position, business or financial status has a much better opportunity to achieve real success.

Development

Personal development is the third DUOLIFE pillar, which is supported by the Personal Excellence Network platform (PEN). Global development programs are dedicated to DUOLIFE Club Leaders and they accompany them at each stage of development of their business. Therefore, Leaders can fully realise their potential and the potential of Club Members from within their organisations. Due to systematic, planned development, Leaders become very effective in a relatively short time. The whole process takes place under a watchful eye of experts responsible for PEN programs.

Scan QR code for more information



The most important pillars in human life.

Health

Business

Development

Change your life for the better!

In addition to great business opportunities, DUOLIFE also provides a chance to enhance personal skills and acquire new abilities. By prioritizing personal development, the company aims to educate and promote individuals associated with the DUOLIFE Club, thus creating ideal conditions for improving the quality of life.

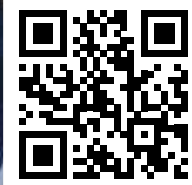
DUOLIFE Club Members can take care of their personal development by participating in events such as the Today for Tomorrow | International Convention, Business Development Seminars International Online and softmarketing® Leaders Camp Online. There, under the watchful eye of top specialists, they will learn the secrets of being an effective leader and, above all, continuously deepen their knowledge while gaining a fresh dose of essential inspiration and motivation.



Co-founders and the Supervisory Board of DUOLIFE S.A.

DUOLIFE is made up of people to whom the Company is a true passion. They keep saying that if you do what you love, then you're actually never at work. The co-founders joined their passions and together they translated them into a business based on strong foundations, creating softmarketing® - an innovative business model, which puts individual human dreams, talents and abilities in the centre. This is why you can meet them so often among people - Club Members and employees, with whom they build together the future of DUOLIFE.

Scan QR code for more information



Bartosz Królikowski
Co-founder, President of
DUOLIFE S.A. Management Board



Łukasz Godyń
Co-founder, Vice-President of
DUOLIFE S.A. Management Board



Norbert Janeczek
Co-founder, Chairman of
DUOLIFE S.A. Supervisory Board



Piotr Pacyga
Co-founder, Vice-Chairman of
DUOLIFE S.A. Supervisory Board



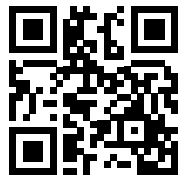
Ludwik Sobolewski
Member of the Supervisory
Board DUOLIFE S.A.

DUOLIFE Scientific Council

DUOLIFE Scientific Council is composed of the best experts in natural and academic medicine, people with passion for healthy lifestyle, with outstanding scientific achievements, who want to share the knowledge gained over the years.

The mutual objective adopted by Members of DUOLIFE Scientific Council is to create dietary supplements which combine benefits and wisdom of nature with the latest medical discoveries, thus being a response to the most current human needs.

Scan QR code for more information



dr h.c.

Piotr Kardasz

Chairman of DUOLIFE Scientific Council
Biologist, teacher, journalist, author of many educational and scientific publications and films. Author of a scientific paper on phytoremediation and winner of 'Eureka 2003' prize.



prof. dr hab. n. med.

Waldemar Hładki

Member of DUOLIFE Scientific Council
Associate Professor of Chair of Anaesthesiology and Intensive Therapy of Collegium Medicum of the Jagiellonian University.



prof. dr n. med.

Witold Furgał

Member of DUOLIFE Scientific Council
Medical doctor, specialist in internal disease, sports medicine and medical rehabilitation. Dean of the Health Sciences Department, professor of Vincent Pol University in Lublin.



prof. dr hab. n. farm

Ilona Kaczmarczyk-Żebrowska

Member of DUOLIFE Scientific Council
Head of the Chair of Pharmacognosy and Phytochemistry of the Silesian Medical University, pharmacist, expert pharmacologist.



prof. dr hab.

Janusz Solski

Member of DUOLIFE Scientific Council
Head of the Chair and Department of Laboratory Diagnostics of the Medical University in Lublin, clinical biochemist, Professor of MU Lublin and University of Information Technology and Management in Rzeszów.



prof. dr hab.

Mieczysław Pasowicz

Member of DUOLIFE Scientific Council
President of the Polish Associations of Hospital Heads, in the years 2005-2010 he was also a member of the Management Board of International Forum Gastein. Associate Professor of the Andrzej Frycz Modrzewski Cracow University.



prof. dr hab.
Oleg Pokotylo

Member of DUOLIFE Scientific Council
Head of the Department of Biotechnology and Chemistry of Food Ternopil National Ivan Pul'uj Technical University, Member of Experts' Council of Biological Sciences and Superior Certification Commission of the Ministry of Education and Science in Ukraine.



prof. dr hab. n. med.
Andrzej Ziemba

Member of DUOLIFE Scientific Council
Director of the Mirosław Mossakowski Institute of Experimental and Clinical Medicine of the Polish Academy of Sciences in 2014-2015.



dr n. med.
Maria Bortel-Badura

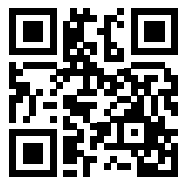
Member of DUOLIFE Scientific Council
Specialist in clinical pharmacology and internal disease doctor of the Medicine Department of the Silesian Medical University in Katowice. Coordinator of Clinical Tests and Medical Director of the biggest international pharmaceutical consortiums.



DUOLIFE focuses on the top quality

DUOLIFE, being aware of the resulting responsibility, creates products which are bought by thousands of people all over the world. Every day, the Company makes all efforts that those products meet even the most restrictive EU standards and requirements.

Scan QR code for more information



5 DUOLIFE production rules

DUOLIFE brand is distinctive through:



No preservatives

DUOLIFE products are not subject to high-temperature processing and they do not contain preservatives, thanks to which they retain their natural biological parameters.



GMO-free

In the production process, DUOLIFE uses only natural materials from certified plantations across the globe, categorically rejecting their modified species (GMO), and the use of pesticides or herbicides.



Glass containers

DUOLIFE products in a liquid form are stored only in glass packaging. Glass is the cleanest and environmentally friendly material, which does not enter into any chemical reactions with other products. DUOLIFE liquid dietary supplements are encapsulated only in dark-brown glass, which ensures their best protection.



IHHP™ Method

The method of preserving dietary supplements with IHHP™ technology is based on the concept of „minimal processing“. The applied technological process is based on the synergy of the performance of many fixative agents. It allows to maintain the highest quality of a product without the use of preservatives.



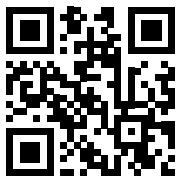
Complete ingredients

In the production process, DUOLIFE uses natural ingredients, retaining their biological background. This allows to obtain full bioavailability of active ingredients, which demonstrate the highest absorption.

Prizes and awards

An acknowledgement of the quality of DUOLIFE dietary supplements and an exceptional form of appraising the values of the Company are prestigious prizes and awards. DUOLIFE brand has been awarded many times for its contribution to development of economy, production of trustworthy preparations, which are manufactured according to the highest standards, and modern and competitive operations both on the Polish and foreign markets. All the prizes and awards confirm that DUOLIFE is a stable, reliable and pro-consumer Company where the key standards and values are followed.

Scan QR code for more information



Quality of the Year
2013 / 2015 / 2021



European Guarantee
of Top Quality



Green
Certificate



Preventive Healthcare
Institute



Gazeta Biznesu
2020/2021/2022/2023



Forbes
Diamond 2023/2024



SPA Prestige
Awards 2017



Success of the Year The Edition
of 2014 and 2015



GMO Free
Quality Certificate



Highest Quality
Guarantee Certificate



Polish Chamber
of Herbal Medicine



Safety
Certificate



European Centre of Quality and
Promotion Certificate ISO 9001

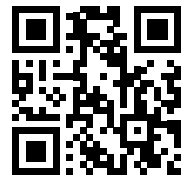


European Centre of Quality and
Promotion Certificate ISO 22000

Selected Strategic Partners

DUOLIFE Company, under active cooperation, provides its dietary supplements to the leading sports clubs in Poland and abroad. This is yet another proof confirming that DUOLIFE meets all the strictest quality standards. By supporting excellent sportsmen, including representatives of their countries in different sports disciplines, DUOLIFE makes a contribution to their success. This fact is a big distinction for the Company and the reason for their pride.

Scan QR code for more information



CRACOVIA 

MKS
Cracovia



Dinamo



MŠK
Žilina



Océrali Trzyniec



Ambassadors

Many sports and entertainment stars fully trusted DUOLIFE products. The Ambassadors and Strategic Partners of the brand are well-known and popular persons, who thanks to DuoLife dietary supplements can improve their results, overcome next barriers, but first and foremost - effectively care about their health. The Company is proud of the fact that it efficiently helps its Ambassadors and Partners achieve their objectives, and DUOLIFE brand, thanks to cooperation with outstanding personalities becomes more and more popular.



Patryk Dobek

Tokyo 2020 Olympic Games bronze medallist in the 800 metres race



Dawid Tomala

Tokyo 2020 Olympic Games gold medallist in the 50 km race walk



Karol „Carlo” Czepiel

Racing driver



Krzysztof Drabik

Polish Champion in Flair Art, semi-finalist of „Poland's Got Talent”.



Damian Węglarz

Footballer, player of Chrobry Głogów



Krzysztof Cegielski

Polish speedway rider, multiple representative of Poland national team



Kamil Kosowski

Former footballer of, among others, Wisła Kraków and the Polish national team



Wojciech Machnik

Podróżnik, maratończyk, rekordzista świata



Ryszard Wolny

Wrestler, Atlanta 1996 Olympic Games gold medallist in Graeco-Roman wrestling



Sławomir Zakrzewski

Jiu-jitsu Player



Vyacheslav Uzelkov

Ukrainian boxer, world and European vice-champion, European champion of the EBU federation, TV presenter



Wiktoria Bilan

Miss Extreme World 2018, certified nutritionist, creator of the original method of hardening



Michał Buchalik

Footballer, player of Ruch Chorzów



Felix Slovacek

Clarinetist, saxophonist, composer and conductor.



Anna Rechnio-Fiedosiejew

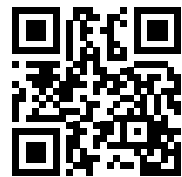
Two-time Olympian, multiple Polish Senior Champion and Polish representative in figure skating, coach



Strategic partners from automotive sector

DUOLIFE, being one of few companies, closely cooperates with prestigious car brands which are famous for their top quality: Jaguar Car-Master, BMW Sikora and Mercedes-Benz Sobiesław Zasada Automotive. Many DUOLIFE Club Members can every day enjoy luxurious cars, as they benefit from them under Company Fleet Programs. Moreover, DUOLIFE, in cooperation with the aforesaid brands, organises very popular programs such as 'Fuel for Your Body' (with Mercedes-Benz Sobiesław Zasada Automotive), 'Be a Business Star' or 'Be a Business Jaguar' (with Jaguar Car-Master).

Scan QR code for more information

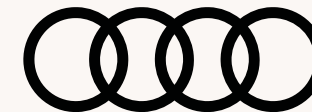


Mercedes-Benz
SOBIESŁAW ZASADA
AUTOMOTIVE

Mercedes-Benz
Sobiesław Zasada Automotive



Jaguar
Car-Master



Dealer Audi
Porsche Rybnik



DUOLIFE Center for
Innovation Research™

DUOLIFE S.A. production plants

The composition of DUOLIFE products was developed by a team of experts, practitioners and professionals, among others in medicine, natural medicine, human nutrition and phytotherapy, as well as with participation of the Scientific Council. While maintaining the world's top quality standards and using innovative solutions, dietary supplements of unprecedented effectiveness were created.



Supplements plant in Kozy

DUOLIFE production plant in Kozy near Bielsko-Biała, with the floor space of 5500 m² is a project fully conforming to the quality standards and requirements of the European Union. DUOLIFE dietary supplements are produced there, and the whole process takes place under careful control of recognised and experienced experts.

Apart from production functions, the plant in Kozy is also our logistics centre combined with the warehouse and logistics backup facilities. Dietary supplements created in DUOLIFE production plant demonstrate top quality, confirmed by many tests, which are conducted only in accredited laboratories and under supervision of the Chief Sanitary Inspectorate.



Cosmetics production

DUOLIFE cosmetics are produced at several modern manufacturing plants under the guidance of DUOLIFE S.A.'s experts and the Scientific Council. The use of different factories keeps the production growing, and also protects the company from the risks to which the manufacturing processes are exposed.

Research and production processes are carried out in state-of-the-art laboratories, which have the equipment necessary for specialized research and the creation of unique compositions that meet the highest EU standards and norms. In addition, in the production process, DUOLIFE uses the latest technologies and solutions, so that all cosmetics are distinguished by the highest quality.



Dietary supplements

An appropriate dose of micro-ingredients is necessary for correct functioning of each cell of the body. Properly selected supplementation helps to achieve the expected result, as it supports the body at all levels. DUOLIFE dietary supplements, i.e. concentrated doses of nutritional substances (such as vitamins, minerals, aminoacids or beneficial plant extracts), is the response to the body's needs, being a perfect supplementation of daily diet. Taking care of your health and body is much easier with them!

Scan QR code for more information



Why supplements?

DUOLIFE dietary supplements are preparations of the highest quality, composed of natural ingredients, with utmost care about details. They meet even the most restrictive standards and requirements, which is confirmed by numerous certificates. Every day, thousands of people all over the world are changing their lives thanks to unique DUOLIFE products!

Loss of nutritional values (in mg per 100 g of dry mass* or in mg/100 g of food portion**)

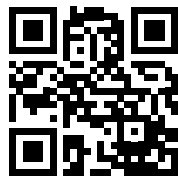
		1938 ¹ UK*	2002 ¹ UK*	Decrease (%)	1941 ¹ USA*	2004 ¹ USA*	Decrease (%)
Potatoes	Calcium	32	24	-25%	49	55	
	Magnesium	100	81	-19%	130	112	-14%
Carrot	Calcium	455	245	-46%	400	282	-29%
	Magnesium	113	29	-74%	170	102	-36%
Banana	Magnesium	142	137	-4%	N/A	108	
		1950 ² USA**	1999 ² USA**	Decrease (%)			
Spinach	Vitamin C	59	28	-53%			
Broccoli	Calcium	130	48	-63%			

UK - United Kingdom USA - United States of America N/A - not analysed

1. WHITE,P. J.; BROADLEY, M. R. Historical variation in the mineral composition of edible horticultural products. *The Journal of Horticultural Science and Biotechnology*, 2005, 80.6: 660-667.
2. DAVIS, R. et al. Changes in USDA food composition data for 43 garden crops, 1950 to 1999. *Journal of the american College of nutrition*, 2004, 23.6: 669-682.



Register for the
DUOLIFE Club:



DUOLIFE Sets



Why is it worth use DUOLIFE product sets?

- An understandable purpose
- Tailored to the most common needs of the recipient
- Established regimen of use
- Convenience of use
- Complementarity of appication
- Synergism of action of active ingredients
- Good price
- Read-made solution for your business

BUY - USE - RECOMMEND!

*Left: presentation of the products included in
ENERGY SET PLUS*

Dietary Supplement Sets



DETOX SET BASIC



ENERGY SET BASIC



IMMUNITY SET BASIC



#DUOFIT 10 SLIM SHAKE



DETOX SET PLUS



ENERGY SET PLUS



IMMUNITY SET PLUS



#DUOFIT BALANCE

Cosmetic Sets



BODY CARE SET

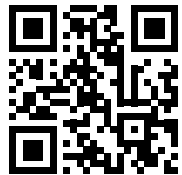


DAY FACE CARE SET



NIGHT FACE CARE SET

Scan QR code and go to online store





Dietary supplements

Liquid forms

DUOLIFE Liquid Formula is a combination of nature and the latest scientific discoveries. 100% natural liquid dietary supplements encapsulated in a unique glass bottle are a guarantee of the highest quality and digestibility. Each product from that line is composed on the basis of the best, appropriately selected ingredients, based on the rules of synergy and antagonism. DUOLIFE Liquid Formula preparations are a response to all the needs of the body.





Why supplements in a liquid form?

DUOLIFE Liquid Formula line joins modernity with the pro-health properties. Preparations in a liquid form are fixed using the IHHP™ method, based on the concept of minimum processing, allowing to maintain purity and top quality of ingredients. It is a necessary support for the health, which is reflected in a strong and properly nutritioned body.

- 

Minimum processing
- 

Top quality
- 

Support for the body
- 

Many certificates

Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

DUOLIFE Day

dietary supplement

Your daily source of health

DUOLIFE Day is a solution for those who want to activate the psychomotor qualities of their organism and who want to provide their body with substances essential for them to function properly every day.

Distinctive product features



How to use

DUOLIFE Day:
25 ml daily in the morning, preferably during the meal

The prices apply to a set of 2 bottles (DUOLIFE Day and Night).

Product prices to be checked on DUOLIFE.eu or after scanning the QR code.

Information

Scan QR code for more information



-  Supports antioxidant processes*
-  Supports the cardiovascular system*
-  Enhances functions of the immune system*
-  Helps to detoxify the body and maintain correct body weight*

DUOLIFE Night

dietary supplement

Support for peaceful sleep and full regeneration of the body

DUOLIFE Night is a solution for people who want to enjoy life after a good night's sleep and seek full regeneration of their vital forces by providing their organism with necessary substances.

How to use

DUOLIFE Night:
25 ml daily in the evening, preferably during the meal

Products sold only as one set DUOLIFE Day and Night (2 x 750ml)

Information

Scan QR code for more information



-  Supports body recovery and peaceful sleep*
-  Helps to enhance functions of the immune system*
-  Supports the alimentary system and liver functions*
-  Supports the heart and blood vessels*



Key

- | | | |
|---|---|---|
|  IHHP™ fixation |  concentrated formula |  proprietary formula |
|  free of any corrosive substances or aggressive chemicals |  gluten-free |  resistance during passage through the digestive tract |
|  powered by the nature |  preservative and GMO-free |  optimal strain protection |
|  umbrella brand |  BPA-free |  concentrated formula |
|  100% natural ingredients |  lactose-free product |  perfect for cooking |
|  special glass bottle for pharmaceutical purposes |  no added sugar |  the product contains only natural colourants |
|  source of fibre and full grain |  handmade |  product for vegans and vegetarians |
|  environmentally sound |  safe for the skin |  high bioavailability |
|  5:1 lutein to zeaxanthin ratio: 5:1 |  clinically tested ingredients |  convenient form of sachets |

Vita C

dietary supplement

Suport of the body immune system

DUOLIFE Vita C is a solution for those looking for an infallible way to boost their mood and supplement their vitamin and minerals deficiencies, simply for those who like to enjoy their life and be full of energy!

Distinctive product features



How to use

25 to 50 ml once a day, before the meal.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.

-  Helps to enhance functions of the immune system*
-  Supports the body during the cold, can shorten the duration of an infection*
-  Helps improve the mood and provides energy*
-  A powerful antioxidant - protects against free radicals*



Vita C Powder

dietary supplement

Concentrated active ingredients to boost your immunity.

DUOLIFE Vita C Powder contains as many as 4 sources of exclusively natural vitamin C, which supports immunity, circulatory system, the function of muscles, the well-being of skin and gums. Complementary with DUOLIFE Vita C Liquid Formula.

Distinctive product features



How to use

1 sachet a day. Dissolve the contents of the sachet in a glass with water or other cool liquid and mix well. Consume immediately after preparation.

Information

Scan QR code for more information



-  Supports the body's immunity, strengthening the protection against common cold*
-  Supports the endogenous collagen biosynthesis in the body*
-  Supports the function of the cardiovascular system*
-  Supports the absorption of iron from the digestive tract*



Key

- | | | |
|---|---|---|
|  IHHP™ fixation |  concentrated formula |  proprietary formula |
|  free of any corrosive substances or aggressive chemicals |  gluten-free |  resistance during passage through the digestive tract |
|  powered by the nature |  preservative and GMO-free |  optimal strain protection |
|  umbrella brand |  BPA-free |  concentrated formula |
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|  environmentally sound |  safe for the skin |  high bioavailability |
|  5:1 lutein to zeaxanthin ratio: 5:1 |  clinically tested ingredients |  convenient form of sachets |

Collagen

dietary supplement

Support for the skin, bones and joints

Liquid Collagen enriched with antioxidants helps to keep the skin firm and supple, protecting it against premature ageing and improving the health of your hair and nails. Natural Collagen ensures normal functioning of articular cartilage and bones.

Distinctive product features



How to use

25 to 50 ml once a day, before the meal.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.

-  Supports the condition of skin, joints, bones and eyes*
-  Contributes to improving the condition of hair and nails*
-  Supports barrier functions of the skin and helps to prevent its dehydration*
-  Supports reducing the symptoms of ageing*



Collagen Powder

dietary supplement

Concentrated active ingredients to support skin, bones and joints

DUOLIFE Collagen Powder contains a very high dose of collagen and additional active ingredients which support the condition of the osteoarticular system, skin, hair and nails. Complementary with DUOLIFE Collagen Liquid Formula.

Distinctive product features



How to use

1 sachet a day. Dissolve the contents of the sachet in a glass with water or other cool liquid and mix well. It can also be mixed with food. Consume immediately after preparation.

Information

Scan QR code for more information



-  Supports the optimum condition of the osteoarticular system, skin, hair and nails*
-  Supports skin well-being, helping to maintain its firmness and elasticity*
-  Supports the optimum function of bones, joint cartilage, ligaments and tendons*
-  Promotes healthy thyroid function*



Key

- | | | |
|---|--|---|
|  IHP™ fixation |  concentrated formula |  proprietary formula |
|  free of any corrosive substances or aggressive chemicals |  gluten-free |  resistance during passage through the digestive tract |
|  powered by the nature |  preservative and GMO-free |  optimal strain protection |
|  umbrella brand |  BPA-free |  concentrated formula |
|  100% natural ingredients |  lactose-free product |  perfect for cooking |
|  special glass bottle for pharmaceutical purposes |  no added sugar |  the product contains only natural colourants |
|  source of fibre and full grain |  handmade |  product for vegans and vegetarians |
|  environmentally sound |  safe for the skin |  high bioavailability |
|  5:1 lutein to zeaxanthin ratio: 5:1 |  clinically tested ingredients |  convenient form of sachets |

Aloes

dietary supplement

Helps to maintain vitality, young look and beautiful shape

DUOLIFE Aloe is a natural source of health and beauty. It is a perfect solution for people who seek a way to preserve their young looks and vitality. Thanks to its cleansing properties, DUOLIFE Aloe assures full regeneration of the body.

Distinctive product features



How to use

25 to 50 ml once a day, before the meal.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.

-  Helps to support body immunity and eliminate bacterial, viral and fungal infections*
-  Supports the cardiovascular system*
-  Contributes to maintaining correct function of intestines and digestive system*
-  Helps to maintain correct level of cholesterol in blood*



Chlorofil

dietary supplement

'Liquid energy' supporting function of the immune and alimentary system

DUOLIFE Chlorofil is the a response to those who want to keep their body in an optimum condition as long as possible. Thanks to its beneficial effects, it is even called 'liquid energy'.

Distinctive product features



How to use

10 to 20 ml once a day, before the meal.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.

-  Supports the function of immune and alimentary systems*
-  Supports the cardiovascular system*
-  Supports antioxidant processes and function of the immune system*
-  Supports the hematopoietic system*



Key

- 
 IHP™ fixation
- 
 concentrated formula
- 
 proprietary formula
- 
 free of any corrosive substances or aggressive chemicals
- 
 gluten-free
- 
 resistance during passage through the digestive tract
- 
 powered by the nature
- 
 preservative and GMO-free
- 
 optimal strain protection
- 
 umbrella brand
- 
 BPA-free
- 
 concentrated formula
- 
 100% natural ingredients
- 
 lactose-free product
- 
 perfect for cooking
- 
 special glass bottle for pharmaceutical purposes
- 
 no added sugar
- 
 the product contains only natural colourants
- 
 source of fibre and full grain
- 
 handmade
- 
 product for vegans and vegetarians
- 
 environmentally sound
- 
 safe for the skin
- 
 high bioavailability
- 
 lutein to zeaxanthin ratio: 5:1
- 
 clinically tested ingredients
- 
 convenient form of sachets

Keratin Hair Complex

dietary supplement

Health and beauty in one for your hair, skin and nails

DUOLIFE Keratin Hair Complex is a product based on liquid keratin and natural ingredients developed on the basis of patents. It contributes to reduction of hair loss, helps to strengthen, smoothen the hair, as well as improve its thickness and elasticity.

Distinctive product features



How to use

25 to 50 ml once a day, before the meal.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Helps to protect and repair damaged hair, nails and skin*



Strenghtens the hair, helps to reduce hair loss*



Supports growth of healthy hair and nails*



Clinical efficiency (refers to selected ingredients)



My Blood Moja Krew

dietary supplement

Liquid support for your blood count

DUOLIFE My Blood is a complex of vitamins, minerals, natural fruit and vegetable extracts. This is a liquid blood morphology, which helps to maintain correct level of red blood cells and production of blood.

Distinctive product features



How to use

25 to 50 ml once a day, before the meal.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Helps to maintain correct results of complete blood count tests*



Supports haematopoietic system, helping to maintain correct level and function of blood cells*



Supports antioxidant processes and body regeneration*



Supplies necessary vitamins and minerals to the body



Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Fiber

dietary supplement

Support of digestive processes and of the gastrointestinal tract, also during inflammations

DUOLIFE Fiber is a ready-to-use, liquid form of soluble dietary fibre that comes from as many as 4 sources. The health-promoting effects of the ingredients contained in the dietary supplement have been documented by clinical studies.

Distinctive product features



How to use

50 ml a day, with a meal. It is recommended to take with a glass of water or other beverage.

Information

Scan QR code for more information



- 

Helps to fight inflammation within the intestines*
- 

Supports the correct functioning of the gastrointestinal tract*
- 

Supports the absorption of other nutrients from the diet*
- 

Supports body weight control by helping to reduce appetite and giving a prolonged sense of satiety*

*Based on health properties of the ingredients. See references on page 153

Fiber Powder

dietary supplement

Support of digestive processes and of the gastrointestinal tract

DUOLIFE Fiber Powder is a very rich source of soluble dietary fibre that has prebiotic effects. The convenient sachet form will prove ideal in every kitchen as an addition to soups, sauces and baked goods.

Distinctive product features



How to use

Pour 1-2 sachets daily into food or drink. Consume right after preparation. It is recommended to take with a glass of water or other beverage.

Information

Scan QR code for more information



- 

Supports optimal functioning of the digestive tract, as well as the immune system*
- 

Supports correct functioning of the gall bladder*
- 

Helps to alleviate heartburn and indigestion*
- 

Favourable in the LOW FODMAP diet*

*Based on health properties of the ingredients. See references on page 153

Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

My Gastrin

dietary supplement

Caring for your digestive comfort

DUOLIFE My Gastrin is a dietary supplement in liquid form containing only natural ingredients of plant origin, including the Asafin®* proprietary formula based on oleo-gum-resin sourced from asafoetida giantfennel (Ferula assa-foetida) in the patented FenuMAT™*** technology.

Distinctive product features



How to use

People aged over 12: 25 to 50 ml once a day, before or after the main meal. A dose of 25 ml can be also taken twice a day, before or after the meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



Supports proper digestive processes and secretion of digestive juices*



Supports proper functioning of the intestines and liver, fosters body detoxification processes*



Supports healthy bowel movements, helps reduce constipation, bloating, nausea*



Fosters the maintenance of normal blood cholesterol level*



*Based on health properties of the ingredients. See references on page 154

**The Asafin® formula is obtained with the use of the patented FenuMAT™ technology. Asafin® and FenuMAT™ are trademarks of Akay Natural Ingredients Private Limited.

My Mind

dietary supplement

Remember important things. Focus, concentrate, and act!

DUOLIFE My Mind contains ingredients of natural origin, including as many as 3 reserved formulas which support memory and concentration both in the young and the elderly. The properties of the ingredients are scientifically tested.

Distinctive product features



How to use

25-50 ml in the morning, with meal.

Information

Scan QR code for more information



Supports quality and quickness of memory, especially long-term memory*



Supports memory and cognitive processes, as well as ability to focus*



Supports the functions of the nervous system, optimal mood and emotional balance*



Supports antioxidant processes*



*Based on health properties of the ingredients. See references on page 154

Key



IHP™ fixation



concentrated formula



proprietary formula



free of any corrosive substances or aggressive chemicals



gluten-free



resistance during passage through the digestive tract



powered by the nature



preservative and GMO-free



optimal strain protection



umbrella brand



BPA-free



concentrated formula



100% natural ingredients



lactose-free product



perfect for cooking



special glass bottle for pharmaceutical purposes



no added sugar



the product contains only natural colourants



source of fibre and full grain



handmade



product for vegans and vegetarians



environmentally sound



safe for the skin



high bioavailability



lutein to zeaxanthin ratio: 5:1



clinically tested ingredients



convenient form of sachets

SunVital®

dietary supplement

Grow healthy like a giraffe!

SunVital® is the beginning of DUOLIFE Kids Formula line for children**. The syrup contains natural plant ingredients and organic zinc.

Distinctive product features



How to use

5 ml once per day, after the meal, preferably diluted with water.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Supports the immune system*



Supports respiratory functions*



Supports cognitive functions*



Supports the natural intestinal bacterial flora*



*Based on health properties of the ingredients. See references on page 145

**The preparation can be used by children over 6 years old.

RegenOil®

dietary supplement

Liquid gold among oils.

DUOLIFE RegenOil Liquid Gold® is a 'liquid gold' among cold-pressed oils. It is also a source of indispensable unsaturated fatty acids, whose composition is based on 13 plant oils.

Distinctive product features



How to use

5 ml once per day, preferably during the meal.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



13 unrefined cold-pressed plant oils*



Enriched with natural vitamins D3 and K2 MK7; „golden proportion“ of Omega-3 and Omega-6 acids*



Contributes to maintaining healthy teeth and bones*



Supports immune system and brain function*



*Based on health properties of the ingredients. See references on page 145





Dietary supplements

Medical Formula

DUOLIFE Medical Formula products are composed to support the body in a natural and fully safe manner. Drawing the best from the nature, DUOLIFE created dietary supplements with increased concentration and digestibility of active substances and delayed time of their release. Medical Formula line products contain chlorophyllin and inulin, they are free from bisphenol A (BPA), and their power is encapsulated in HPMC capsules - perfect for vegans and vegetarians.








Why supplements in the form of capsules?

Medical Formula line stands for carefully developed dietary supplements which strenghten the body and support its correct function. Natual strength enclosed in the capsules is reflected in effectiveness confirmed by tests. Personalised packaging and multi-lingual label make DUOLIFE Medical Formula products perfect for you.

- 

HPMC capsules **for vegans and vegetarians**
- 

BPA-free packaging
- 

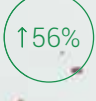
Capsules with **delayed release time**, clinically testeds
- 

Multilingual labels (12 languages)
- 

Packaging with **personalisation of** Medical Formula line
- 

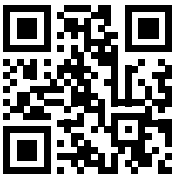
Increased **bioavailability (digestibility)** of active substances
- 

Green capsules due to **100% chlorophyllin**
- 

Additional content of **inulin** (prebiotic)
- 

Increased concentration of active substances in the body

Scan QR code and go to online store



Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

BorelissPro®

dietary supplement

Supports body immunity and alleviates effects of tick and mosquito bites

BorelissPro® supports not only the body immunity, but also the heart function. It allows to maintain correct level of cholesterol, correct functions of joints and bones, and young look of the skin.

Distinctive product features



How to use

1-2 capsules daily.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Supports antioxidant processes and function of the immune system*



Supports the cardiovascular system*



Supports the osteoarticular system*



Helps to alleviate effects of tick and mosquito bites*



ProStik®

dietary supplement

Maintains the optimal fitness of the joints and the bones and supports the motor system.

ProStik® thanks to its exceptional formula, helps to keep the muscles and joints in proper condition. Supports their elasticity and motor efficiency.

Distinctive product features



How to use

1-2 capsules daily.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Supports motor efficiency*



Supports functions of bones, articular cartilage, ligaments, tendons and muscles*



Facilitates production of synovial fluid necessary for correct function of the joints*



Contributes to ensuring appropriate mineralisation of bones and teeth*



Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

ProSelect®

dietary supplement

Supports antioxidant processes and the immune system

ProSelect® helps to neutralise free oxygen radicals, facilitates removal of harmful products of metabolism, supports good condition of the body and young look.

Distinctive product features



How to use

1-2 capsules daily.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Helps to enhance functions of the immune system*



Supports antioxidant processes*



Supports the body's cleansing processes*



Supports the natural intestinal bacterial flora*



ProSlimer®

dietary supplement

Supports weight loss and maintaining it at the correct level

ProSlimer® supports weight loss and afterwards maintaining it at the correct level. Supplies the body with vitamins and minerals necessary for its correct function.

Distinctive product features



How to use

1-2 capsules daily.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Supports weight and fatty tissue reduction*



Facilitates optimum capacity of the body during exercise*



Helps to reduce the amount of consumed calories*



Contributes to reduction of craving for sweets*



Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

ProDeacid®

dietary supplement

Supports acid-base equilibrium

ProDeacid® is a rich source of vitamins, micro- and macroelements, as well as elements necessary for correct functioning of the body. It facilitates the body's detoxification and regeneration.

Distinctive product features



How to use

1-2 capsules daily.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Helps to eliminate toxins and heavy metals from the body*



Facilitates maintaining acid-base equilibrium of the body fluids*



Supports the function of alimentary tract*



Helps to enhance functions of the immune system*

*Based on health properties of the ingredients. See references on page 146

ProRelaxin®

dietary supplement

Helps to maintain emotional balance and reduce stress. Supports peaceful sleep

ProRelaxin®, thanks to well-balanced composition, helps to soothe the nerves, facilitates sleep and restores emotional balance. By affecting an increase in production of serotonin, it improves the mood and eliminates feeling bad.

Distinctive product features



How to use

1-2 capsules daily.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Helps to increase the body immunity to stress and restores emotional balance*



Facilitates reduction of tension and anxiety*



Supports sound, regenerating sleep*



Helps to increase the concentration of serotonin in the brain*

*Based on health properties of the ingredients. See references on page 147

Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

ProMigren®

dietary supplement

Contributes to reducing sensitivity to noise and ensures optimum resistance to adverse external factors

ProMigren® is an excellent source of substances supporting correct function of the central nervous system. By improving the general condition of the body, it increases the body's resistance to adverse external factors.

Distinctive product features



How to use

1-2 capsules daily.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Supports appropriate function of the nervous system*



Contributes to reducing sensitivity to noise and eliminating nausea*



Helps to increase the concentration of serotonin in the brain*



Contributes to increasing the body immunity to stress*



ProCholterol®

dietary supplement

Supports managing lipid balance in the body

ProCholterol® is a rich source of natural substances that demonstrate protective effect on the circulatory system and the heart, which contributes to maintaining correct level of cholesterol in the blood.

Distinctive product features



How to use

1-2 capsules daily.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Helps to manage lipid balance of the body*



Contributes to maintaining correct level of cholesterol in and triglycerides in the blood*



Supports optimum condition of veins and arteries, preventing them from cholesterol deposits*



Supports the cardiovascular system*



Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

ProSugar®

dietary supplement

Helps to control the blood sugar level and regulate metabolic disorders.

Thanks to high content of biologically active ingredients, ProSugar® regulates metabolism of sugars, helping to maintain correct level of glucose in the blood.

Distinctive product features



How to use

1-2 capsules daily.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Helps to control sugar level in the blood and regulate metabolic disorders*



Contributes to reduction of craving for sweets*



Supports the liver function and the body's cleansing processes*



Facilitates slowing down and reducing digestion of complex sugars, and reduces absorption of simple sugars*



ProCardiol®

dietary supplement

Helps to maintain an optimum condition of the heart muscle and blood vessels

ProCardiol® is a valuable source of natural substances supporting the heart function and protecting the blood vessels, which facilitates maintaining appropriate level of cholesterol in the blood.

Distinctive product features



How to use

1-2 capsules daily.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Supports the cardiovascular system*



Contributes to maintaining correct blood pressure*



Facilitates prevention of arteriosclerosis, contributing to reduction of 'bad' cholesterol level and maintenance of optimum level of 'good' cholesterol*



Key

- | | | |
|---|--|---|
|  IHHP™ fixation |  concentrated formula |  proprietary formula |
|  free of any corrosive substances or aggressive chemicals |  gluten-free |  resistance during passage through the digestive tract |
|  powered by the nature |  preservative and GMO-free |  optimal strain protection |
|  umbrella brand |  BPA-free |  concentrated formula |
|  100% natural ingredients |  lactose-free product |  perfect for cooking |
|  special glass bottle for pharmaceutical purposes |  no added sugar |  the product contains only natural colourants |
|  source of fibre and full grain |  handmade |  product for vegans and vegetarians |
|  environmentally sound |  safe for the skin |  high bioavailability |
|  5:1 lutein to zeaxanthin ratio: 5:1 |  clinically tested ingredients |  convenient form of sachets |

ProlImmuno®

dietary supplement

Supports the body in overcoming viral infections and inflammations

ProlImmuno® supports the immune and respiratory systems, helping the body fight against infections typical of the autumn-winter-spring season, such as influenza or other viral infections.

Distinctive product features



How to use

1-2 capsules daily.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Aids your body's fight with viral infections and inflammation*



Helps with recurring viral and bacterial infections of upper and lower respiratory tract*



Helps protect the body in immunocompromised states, especially during infection seasons*



ProOptical®

dietary supplement

Supports the maintenance of normal vision

ProOptical® from DUOLIFE Advanced Formula line is a food supplement in the form of two capsule types: a softgel capsule with carotenoids and a hard capsule which combines valuable plant extracts and a proprietary formula derived from *Saccharomyces cerevisiae* yeast, standardised to zinc content.

Distinctive product features



How to use

1 hard capsule and 1 soft capsule / day. Do not exceed the recommended maximum daily dose.

Product prices to be checked on DUOLIFE.eu or after scanning the QR code.

Information

Scan QR code for more information



Optimal lutein to zeaxanthin ratio



Zinc helps maintain normal vision



Blackberries support visual clarity, acuity and sharpness.



Key

-  IHHP™ fixation
-  concentrated formula
-  proprietary formula
-  free of any corrosive substances or aggressive chemicals
-  gluten-free
-  resistance during passage through the digestive tract
-  powered by the nature
-  preservative and GMO-free
-  optimal strain protection
-  umbrella brand
-  BPA-free
-  concentrated formula
-  100% natural ingredients
-  lactose-free product
-  perfect for cooking
-  special glass bottle for pharmaceutical purposes
-  no added sugar
-  the product contains only natural colourants
-  source of fibre and full grain
-  handmade
-  product for vegans and vegetarians
-  environmentally sound
-  safe for the skin
-  high bioavailability
-  5:1 lutein to zeaxanthin ratio: 5:1
-  clinically tested ingredients
-  convenient form of sachets

ProBactilardii®

dietary supplement

Healthy intestines

DUOLIFE Clinical Formula ProBactilardii® is an innovative combination of a prebiotic, probiotic and postbiotic in one product. Viability of bacterial and yeast cultures is guaranteed in the formula at the end of the product's shelf life.

Distinctive product features



How to use

1 capsule from each container 1 to 2 times a day.
The combined use involves 2 capsules taken simultaneously – synbiotic in the first capsule and postbiotic in the second capsule.

Information

Scan QR code for more information



Supports optimal immune system function and normal intestinal microflora*



Synergistic health-promoting effect on the gut-brain axis*



Supports functions of the digestive tract in people living under excessive stress*

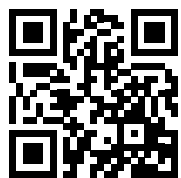


*Based on health properties of the ingredients. See references on page 152

**The total number of microorganisms is 9 billion CFU = 9×10^9 CFU (CFU = colony-forming unit)



Scan QR code and
go to online store



Food supplements DUOLIFE PURE FORMULA

DUOLIFE PURE FORMULA is a line of food supplements with simple composition, concentrated active ingredients and targeted action. They're encapsulated in naturally sourced, delayed-release hydroxypropyl methylcellulose (HPMC) capsules and softgel capsules. They're characterised by their ease of use and convenient form.



Why DUOLIFE PURE FORMULA?

- **Simplicity:** simple compositions and concentrated, standardised active ingredients.
- **Easy to use:** targeted compositions and a form of capsules. Simply, quickly, and conveniently!
- **Tailoring to the individual needs:** the supplement and portion can be easily adjusted to individual needs.
- **Affordable.**
- **One packaging - a one-month supply.**
- **Suitable for vegans and vegetarians.**
- **Precision:** guarantee of specific ingredient content.
- **Transparency:** no artificial fillers and unnecessary additives.
- **GMO-free, lactose-free, and gluten-free.**

Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

DUOLIFE Ashwagandha

dietary supplement

Ashwagandha helps maintain relaxation, good physical and mental well-being.

A food supplement from the PURE FORMULA line in the form of capsules containing the proprietary winter cherry (ashwagandha) root extract formula in a concentrated dose. Ashwagandha has adaptogenic properties and supports the body's resistance to stress.

Distinctive product features



How to use

2 capsules a day, with a meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



- 

Convenient form of use
- 

Simple, targeted composition – based on the main active ingredient with known properties and concentrated dose.
- 

No artificial fillers, preservatives or unnecessary additives.
- 

Suitable for vegans and vegetarians



DUOLIFE Astaxanthin

dietary supplement

Naturally sourced astaxanthin obtained from *Haematococcus pluvialis* algae.

DUOLIFE Astaxanthin is a food supplement from the PURE FORMULA line in the form of capsules which contains naturally sourced astaxanthin in a concentrated dose, sourced from *Haematococcus pluvialis* algae. It is enclosed in capsules made of HPMC, an organic cellulose derivative, with delayed release time.

Distinctive product features



How to use

2 capsules a day, with a meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



- 

Convenient form of use
- 

Simple, targeted composition – based on the main active ingredient with known properties and concentrated dose.
- 

No artificial fillers, preservatives or unnecessary additives.
- 

Suitable for vegans and vegetarians



Key

- 
 IHHP™ fixation
- 
 concentrated formula
- 
 proprietary formula
- 
 free of any corrosive substances or aggressive chemicals
- 
 gluten-free
- 
 resistance during passage through the digestive tract
- 
 powered by the nature
- 
 preservative and GMO-free
- 
 optimal strain protection
- 
 umbrella brand
- 
 BPA-free
- 
 concentrated formula
- 
 100% natural ingredients
- 
 lactose-free product
- 
 perfect for cooking
- 
 special glass bottle for pharmaceutical purposes
- 
 no added sugar
- 
 the product contains only natural colourants
- 
 source of fibre and full grain
- 
 handmade
- 
 product for vegans and vegetarians
- 
 environmentally sound
- 
 safe for the skin
- 
 high bioavailability
- 
 lutein to zeaxanthin ratio: 5:1
- 
 clinically tested ingredients
- 
 convenient form of sachets

DUOLIFE Berberine

dietary supplement

Barberry contributes to the maintenance of normal blood glucose and cholesterol levels.

A food supplement from the PURE FORMULA line in the form of capsules containing berberine from barberry root extract in a concentrated dose. Barberry contributes to the maintenance of normal blood glucose and cholesterol levels. Barberry root extract helps support liver function.

Distinctive product features

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- 
- 

How to use

2 capsules a day, with a meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



- 
 Convenient form of use
- 
 Simple, targeted composition – based on the main active ingredient with known properties and concentrated dose.
- 
 No artificial fillers, preservatives or unnecessary additives.
- 
 Suitable for vegans and vegetarians



DUOLIFE D3 in nigella oil

dietary supplement

Vitamin D helps maintain healthy bones and teeth.

A food supplement from the PURE FORMULA line in the form of capsules containing vitamin D3 suspended in Nigella oil in a concentrated dose. Vitamin D contributes to the normal absorption/ use of calcium and phosphorus. Vitamin D contributes to the normal function of the immune system.

Distinctive product features

- 
- 
- 
- 

How to use

1-2 capsules a day, with a meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



- 
 Convenient form of use
- 
 Simple, targeted composition – based on the main active ingredient with known properties and concentrated dose.
- 
 No artificial fillers, preservatives or unnecessary additives.
- 
 Suitable for vegans and vegetarians



Key

- 
 IHHP™ fixation
- 
 concentrated formula
- 
 proprietary formula
- 
 free of any corrosive substances or aggressive chemicals
- 
 gluten-free
- 
 resistance during passage through the digestive tract
- 
 powered by the nature
- 
 preservative and GMO-free
- 
 optimal strain protection
- 
 umbrella brand
- 
 BPA-free
- 
 concentrated formula
- 
 100% natural ingredients
- 
 lactose-free product
- 
 perfect for cooking
- 
 special glass bottle for pharmaceutical purposes
- 
 no added sugar
- 
 the product contains only natural colourants
- 
 source of fibre and full grain
- 
 handmade
- 
 product for vegans and vegetarians
- 
 environmentally sound
- 
 safe for the skin
- 
 high bioavailability
- 
 lutein to zeaxanthin ratio: 5:1
- 
 clinically tested ingredients
- 
 convenient form of sachets

DUOLIFE Ginseng

dietary supplement

Ginseng supports the maintenance of vitality.

A food supplement from the PURE FORMULA line in the form of capsules containing a composition of extracts from three ginseng species: Panax ginseng, American ginseng and Siberian ginseng in a concentrated dose. Ginseng supports vitality and concentration and helps maintain sexual prowess.

Distinctive product features

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- 
- 
- 

How to use

2 capsules a day, with a meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



- 
 Convenient form of use
- 
 Simple, targeted composition – based on the main active ingredient with known properties and concentrated dose.
- 
 No artificial fillers, preservatives or unnecessary additives.
- 
 Suitable for vegans and vegetarians



DUOLIFE Kudzu

dietary supplement

Kudzu root is rich in many valuable active compounds.

A food supplement from the PURE FORMULA line in the form of capsules containing kudzu root extract in a concentrated dose. It is enclosed in capsules made of HPMC, an organic cellulose derivative, with delayed release time.

Distinctive product features

- 
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- 
- 

How to use

2 capsules a day, after a meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



- 
 Convenient form of use
- 
 Simple, targeted composition – based on the main active ingredient with known properties and concentrated dose.
- 
 No artificial fillers, preservatives or unnecessary additives.
- 
 Suitable for vegans and vegetarians



Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

DUOLIFE Maca

dietary supplement

Maca helps maintain natural sexual activity and energy.

A food supplement from the PURE FORMULA line in the form of capsules containing maca root extract in a concentrated dose. Maca helps maintain natural sexual activity and energy. Maca supports fertility as well.

Distinctive product features



How to use

2 capsules a day, with a meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



- 

Convenient form of use
- 

Simple, targeted composition – based on the main active ingredient with known properties and concentrated dose.
- 

No artificial fillers, preservatives or unnecessary additives.
- 

Suitable for vegans and vegetarians



DUOLIFE Melatonin

dietary supplement

Melatonin helps reduce the time it takes to fall asleep*.

A food supplement from the PURE FORMULA line in the form of capsules containing melatonin. Melatonin helps reduce the time it takes to fall asleep. A beneficial effect occurs when 1 mg of melatonin is consumed shortly before going to bed. Melatonin helps reduce the subjective feeling of a sudden change of time zone. A beneficial effect occurs when 0.5 mg is consumed shortly before going to bed on the first day of the journey and on the subsequent days after arriving at the destination.

Distinctive product features



How to use

1-2 capsules a day, with a meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



- 

Convenient form of use
- 

Simple, targeted composition – based on the main active ingredient with known properties and concentrated dose.
- 

No artificial fillers, preservatives or unnecessary additives.
- 

Suitable for vegans and vegetarians



* A beneficial effect occurs when 1 mg of melatonin is consumed shortly before going to bed.

Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

DUOLIFE Schisandra berry

dietary supplement

Schisandra berry has adaptogenic properties.

A food supplement from the PURE FORMULA line in the form of capsules containing schisandra berry fruit extract in a concentrated dose. Schisandra berry contributes to maintaining the upper respiratory tract in an optimum condition.

Distinctive product features



How to use

2 capsules a day, with a meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



- 

Convenient form of use
- 

Simple, targeted composition – based on the main active ingredient with known properties and concentrated dose.
- 

No artificial fillers, preservatives or unnecessary additives.
- 

Suitable for vegans and vegetarians



DUOLIFE Spirulina

dietary supplement

Spirulina supports body weight control.

A food supplement from the PURE FORMULA line in the form of capsules containing spirulina in a concentrated dose. Spirulina supports body immunity. Spirulina helps maintain body vitality.

Distinctive product features



How to use

2 capsules a day, with a meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



- 

Convenient form of use
- 

Simple, targeted composition – based on the main active ingredient with known properties and concentrated dose.
- 

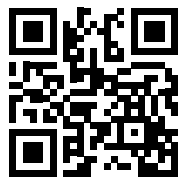
No artificial fillers, preservatives or unnecessary additives.
- 

Suitable for vegans and vegetarians





Scan QR code and
go to online store



Food supplements Effervescent tablets

DUOLIFE Boost Formula FIZZY EASY is a line of effervescent tablet food supplements based on vitamins, minerals, and active ingredients. The DUOLIFE Boost Formula FIZZY EASY formulations were additionally enriched with BioPerine[®]*, a proprietary, patented formula of natural origin with proven properties enhancing the absorption of nutrients contained in food supplement.



*BioPerine[®] is a Sabinsa ingredient protected by the intellectual property (IP) law.



Why DUOLIFE Boost Formula FIZZY EASY?

- Easy to use – just drop the tablet into a glass of water for a ready-to-drink beverage!
- Availability of flavours and variants – FIZZY EASY comes in 6 attractive flavour variants!
- Attractiveness and growing popularity of functional beverages – we are increasingly looking for beverages that offer additional health benefits.
- Growing health awareness – we are becoming more attentive to what we eat. Effervescent tablets can be perceived as a healthier alternative to traditional sodas, as they often contain vitamins, minerals and other nutrients.
- Effervescent tablets are viewed as new and innovative products!

Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

FIZZY EASY Ca + D3 COMPLEX

food supplement

Supports the immune system and maintaining good condition of bones, teeth and muscles**

A food supplement in the form of effervescent tablets, based on ingredients that support maintaining an optimum condition of the immune system, motor system, and nervous system¹⁻³.
Flavour: lemon and pineapple

Distinctive product features



How to use

Dissolve 1 tablet in a glass (200 ml) of cool water. Use once a day. Consume immediately after preparation. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



BioPerine® active ingredient absorption booster⁴.



Convenient form of application.



Multidirectional action.



Synergy of action.



*BioPerine® is a Sabinsa ingredient protected by the intellectual property (IP) law.
**Based on health properties of the ingredients. See references on page 155

FIZZY EASY Mg + K + B COMPLEX

food supplement

Fosters maintaining an optimum physical and mental condition of the body**

A food supplement in the form of effervescent tablets, based on ingredients that support maintaining an optimum condition of muscles, nervous system, and circulatory system¹⁻³.
Flavour: raspberry and lemon

Distinctive product features



How to use

Dissolve 1 tablet in a glass (200 ml) of cool water. Use once a day. Consume immediately after preparation. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



BioPerine® active ingredient absorption booster⁴.



Convenient form of application.



Multidirectional action.



Synergy of action.



*BioPerine® is a Sabinsa ingredient protected by the intellectual property (IP) law.
**Based on health properties of the ingredients. See references on page 155

Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

FIZZY EASY ENERGY COMPLEX

food supplement

Supports the body's energy, focus, and vitality**

A food supplement in the form of effervescent tablets, based on a composition of 14 high-quality ingredients that support energy, focus, and vitality¹⁻³.
Flavour: passion fruit and orange

Distinctive product features

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How to use

Dissolve 1 tablet in a glass (200 ml) of cool water. Take two tablets a day. Consume immediately after preparation. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



- 

BioPerine® active ingredient absorption booster⁴.
- 

Convenient form of application.
- 

Multidirectional action.
- 

Synergy of action.

*BioPerine® is a Sabinsa ingredient protected by the intellectual property (IP) law.
**Based on health properties of the ingredients. See references on page 155



FIZZY EASY ELECTROLYTE COMPLEX

food supplement

Supports maintaining the water-electrolyte balance of the body**

A food supplement in the form of effervescent tablets, based on elements and active components that support maintaining the water-electrolyte balance of the body¹⁻³.
Flavour: orange and peach

Distinctive product features

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How to use

Dissolve 1 tablet in a glass (200 ml) of cool water. Take 3 tablets a day. Consume immediately after preparation. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



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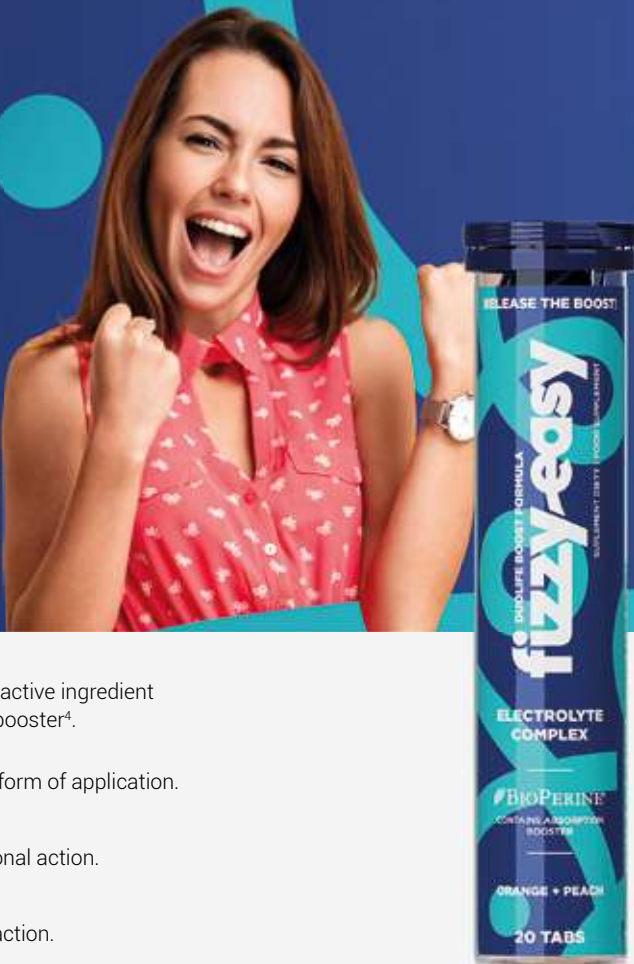
BioPerine® active ingredient absorption booster⁴.
- 

Convenient form of application.
- 

Multidirectional action.
- 

Synergy of action.

*BioPerine® is a Sabinsa ingredient protected by the intellectual property (IP) law.
**Based on health properties of the ingredients. See references on page 155



Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

FIZZY EASY Q10 COMPLEX

food supplement

Support in protecting cells against oxidative stress and maintaining healthy skin and hair**.

Dietary supplement in the form of effervescent tablets. It is based on ingredients that help protect cells against oxidative stress^{1,2} and maintain healthy skin and hair³.

Distinctive product features



How to use

Dissolve 1 tablet in a glass (200 ml) of cool water. Take 2 tablets daily. Consume immediately after preparation. Do not exceed the recommended maximum serving per day.

Information

Scan QR code for more information



BioPerine® active ingredient absorption booster⁴.



Convenient form of application.



Comprehensive composition.



Complementary use.



*BioPerine® is a Sabinsa ingredient protected by the intellectual property (IP) law.

**Based on health properties of the ingredients. See references on page 155

FIZZY EASY L-arginine COMPLEX

food supplement

Support in building muscle mass and supporting the body's endurance and vitality**.

Dietary supplement in the form of effervescent tablets. It is based on ingredients that support muscle mass building, endurance, vitality and optimal physical and mental well-being¹⁻³.

Distinctive product features



How to use

Dissolve 1 tablet in a glass (200 ml) of cool water. Take 3 tablets daily. Consume immediately after preparation. Do not exceed the recommended maximum serving per day.

Information

Scan QR code for more information



BioPerine® active ingredient absorption booster⁴.



Convenient form of application.



Comprehensive composition.

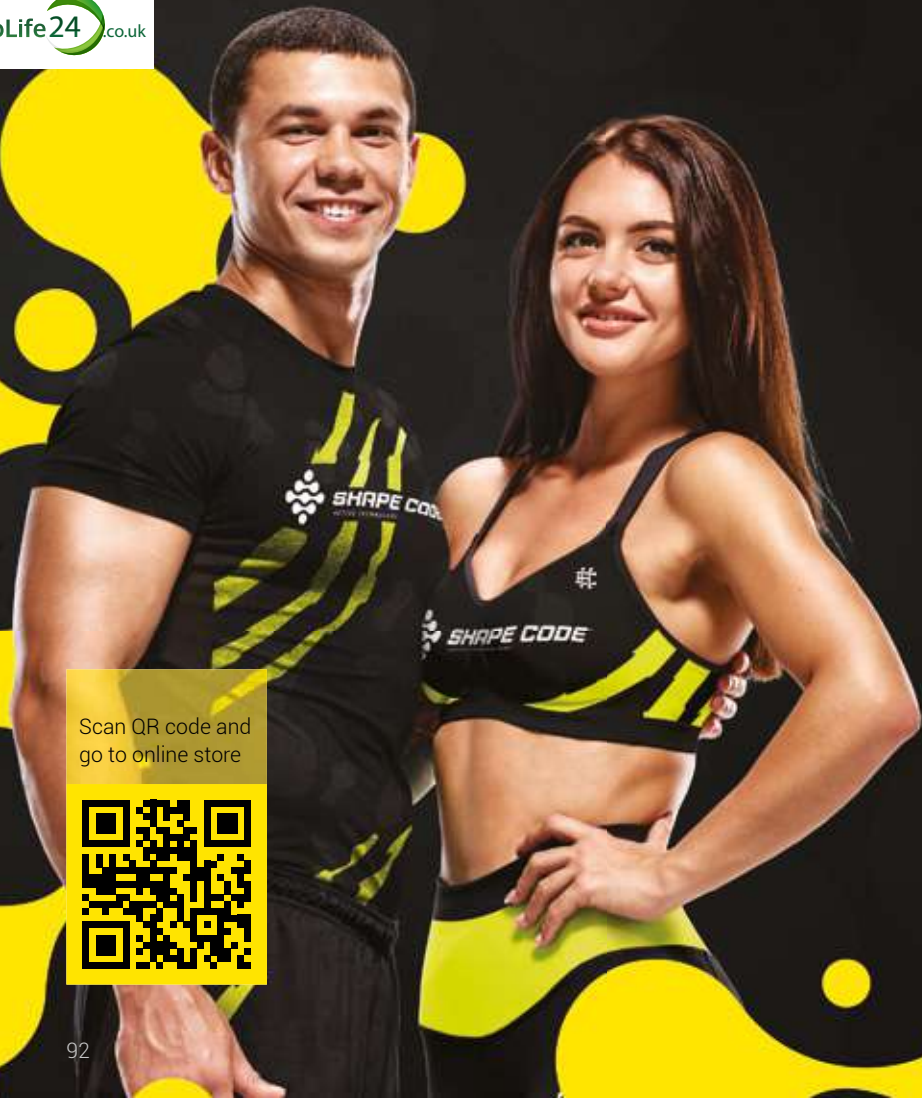


Complementary use.



*BioPerine® is a Sabinsa ingredient protected by the intellectual property (IP) law.

**Based on health properties of the ingredients. See references on page 156



Scan QR code and go to online store



SHAPE CODE®

Struggling with excess kilograms and working on a perfect figure do not necessarily mean hard exercises or a strict diet! SHAPE CODE® will support your quest to achieve your dream results and enjoy the best version of yourself!

SHAPE CODE® is the right offer for all who strive for maintaining beautiful, slim figure and who search for support for a reasonable diet that would facilitate body weight reduction and maintenance of proper general condition of the organism.



Why SHAPE CODE®?

SHAPE CODE® is an innovative brand in the category of products supporting a healthy lifestyle. Due to its ingredients, it supports weight loss processes and burning of excessive body fat. It does not build muscle mass, but supports weight loss.



Dual-purpose formula that can replace a meal



Contains no gluten, lactose or soy



Patented ingredient with clinically proven effect



Contains no preservatives, artificial colors, artificial sweeteners, artificial flavors or artificial fillers



Suitable for vegans and vegetarians

Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

SHAPE CODE® Slim Shake

dietary supplement

Supports weight loss and fat reduction

Perfect choice for everybody who is striving for losing excess kilograms and want to enjoy good health and well-being. Unique shake in slim size is a composition of natural ingredients (the product is 94% natural, enriched only with a vitamin and mineral mix), which supports a process that yields unique results.

Distinctive product features



How to use

Add a full scoop of powder (25g) to 250 ml of vegetable drink or milk, shake or stir to prevent the contents from settling to the bottom. Consume 1-2 times daily.

Information

Scan QR code for more information



- 

Supports weight loss process, also helping to reduce appetite.
- 

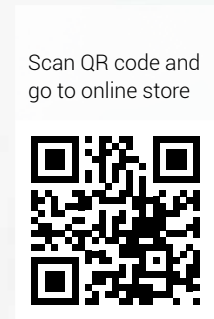
Supports the digestive system and intestinal flora.
- 

Contains as many as three kinds of dietary fibre.
- 

Suitable for vegans and vegetarians.



* SLENDACOR® clinically tested ingredient
** 94% natural ingredients



Cosmetics

LAZIZAL®

Beauty has many dimensions and one of them is your very self. LAZIZAL® is a brand that cares about you, your skin and your beauty.

The word LAZIZAL® is a palindrome - an expression that is read from left to right as well as right to left. In ancient times, palindromes were attributed a magical meaning. They were believed to express what cannot be expressed directly.



Why LAZIZAL®?

LAZIZAL® is a unique combination of three products (cream, serum and dietary supplement) that provides comprehensive anti-aging care.

Listening carefully to each of our needs, we invite you to the world of slow beauty: unhurried, intuitive care for your own skin. Beauty in the slow style is a return to natural cosmetics, universal beauty and timeless, multidimensional natural care.

Give your skin care that will make you feel special regardless of age.



Effect confirmed by research.



Proven effectiveness.



High content of mineral ingredients.



High efficiency.



Complete anti-ageing care.



Proprietary Supreme LiftAge concept.

Key

- | | | |
|---|--|---|
|  IHHP™ fixation |  concentrated formula |  proprietary formula |
|  free of any corrosive substances or aggressive chemicals |  gluten-free |  resistance during passage through the digestive tract |
|  powered by the nature |  preservative and GMO-free |  optimal strain protection |
|  umbrella brand |  BPA-free |  concentrated formula |
|  100% natural ingredients |  lactose-free product |  perfect for cooking |
|  special glass bottle for pharmaceutical purposes |  no added sugar |  the product contains only natural colourants |
|  source of fibre and full grain |  handmade |  product for vegans and vegetarians |
|  environmentally sound |  safe for the skin |  high bioavailability |
|  5:1 lutein to zeaxanthin ratio: 5:1 |  clinically tested ingredients |  convenient form of sachets |

LAZIZAL® Rich Advanced Face Lifting Cream

face cream

Anti-aging line cream, intended for mature skin.

Combination of unique active ingredients with unprecedented naturalness. LAZIZAL® Rich Advanced Face Lifting Cream based on the Supreme LiftAge concept has an anti-wrinkle, tightening and lifting effect.

Distinctive product features



How to use

Apply the product to the face and massage in until completely absorbed. The cream can be used as a make-up base.

Information

Scan QR code for more information



-  Firmed, smoothed and lifted skin on face, neck and décolleté.
-  Effects visible already after 30 minutes.
-  Improves skin elasticity and firmness.
-  Improves skin illumination and hydration.



*Based on health properties of the ingredients. See references on page 152

** 97% natural ingredients

LAZIZAL® Rich Advanced Face Lifting Serum

serum

Cocktail product intended for mature skin with immediate lifting effect.

A serum provides care inspired by nature. Designed to meet the needs of the skin of the face, neck and décolleté. The combination of collagen, 5 types of hyaluronic acid and a specially selected active compound with a peptide structure provides hydration and reduces the visibility of wrinkles.

Distinctive product features



How to use

Apply a small amount (about 0.25–1 ml) of the product to the skin on your face and wait until completely absorbed.

LAZIZAL® ADVANCED FACE LIFT SERUM is the ideal complement to the LAZIZAL® line of products: cream and capsules

Information

Scan QR code for more information



-  Improves the face contour.
-  Effect visible after already 30 seconds.
-  Reduced visibility of shadows, bags under the eyes.
-  Reduced visibility of wrinkles.



** 98.5% natural ingredients





Cosmetics

Beauty Care

The latest scientific reports confirm the relation between health, feeling good and the skin - the biggest organ of our body. Only a comprehensive approach to the issue of caring about the health and body is a guarantee of its appropriate function. This holistic perspective triggered a search made by DUOLIFE. The result is DUOLIFE Beauty Care line - a perfect supplementation with DUOLIFE products, based on formula 24/7 Nutri-Form™.





Why Beauty Care?

Products of the DUOLIFE Beauty Care line are matched with products of the Liquid Formula line, which are additionally enriched with reserved active formulas. This in turn allowed to maximize the effect of the cosmetics that perfectly affect the overall well-being and condition of the skin, emphasizing every aspect of beauty.

- 

24/7 Nutri-form™
- 

Proven effectiveness
- 

High content of mineral ingredients
- 

Effect confirmed by tests
- 

High efficiency
- 

Umbrella brand supporting the effect of oral preparations

Scan QR code and go to online store



Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Pro Collagen Face Peeling 2 in 1 50 ml

Mechanical and enzyme peeling for the skin of the face

Effectively cleanses the skin of the face

Mechanical and enzyme peeling is a key element of your skincare routine. It **cleanses, hydrates, brightens up and smoothes the skin of your face.** Thanks to active ingredients used, **the peeling gently and effectively removes dead skin, leaving the skin glowing.**

Distinctive product features



How to use

Apply to a damp face and leave for about 10 minutes. Then, gently massage the face. Rinse the product off with lukewarm water.

Information

Scan QR code for more information



Thanks to **papain**, a natural plant enzyme found in the product, it gently removes dead skin cells



Particles of ground **walnut shell, sweet almond powder** and **powdered apricot** mechanically remove dead skin cells, massage the skin of the face and improve circulation in it



Complements the skincare routine



Naturalness index **92.3%**



Pro Collagen Face Mist Toner 100ml

Toning face mist

Moisturises and balances skin pH

Hydrating facial toner in the form of a light mist is a cosmetic **that helps maintain correct skin pH.** Active ingredients found in the toner **refresh and reduce the sensation of tight skin.** Provides the sensation of freshness and comfort, **preparing the skin for next steps of your skincare routine.**

Distinctive product features



How to use

Spray on cleansed and dried skin holding the mist about 20 centimetres away from the face. Leave for a few minutes until completely absorbed.

Information

Scan QR code for more information



Composition rich in **collagen and plant extracts** with toning and refreshing properties



Toning is an important step in your beauty routine - just after washing and cleansing



Convenient application in **the form of a light mist**



Naturalness index **95.3%**



Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Pro Collagen Day Cream

Day cream

Cream-gel which reduces the visibility of wrinkles.

The cream contains as many as 8 types of collagen and a complex of 5 types of hyaluronic acid. Collagen with melanin and a formula with glycosaminoglycans from jellyfish provide proper hydration. The lightweight, gentle texture is well absorbed, leaving the skin hydrated and taut.

Distinctive product features



How to use

Apply a small amount of the cream to a cleansed face every morning. Gently pat with fingertips. Wait about 15 minutes until fully absorbed.

Information

Scan QR code for more information



-  As many as 8 types of collagen – including valuable native and hydrolysed collagens.
-  Light cream-gel form.
-  98% natural product.
-  Cream applicator spatula guarantees safety and hygiene.



Pro Collagen Night Cream

Night cream

Cream reducing the visibility of wrinkles in line with the “beauty sleep” trend.

The cream is designed for use at night, with regenerating and strong moisturising effect. It contains as many as 7 types of collagen ingredients and a complex of 5 types of hyaluronic acid. The rich formula firms the skin and reduces the visibility of fine expression lines and wrinkles, while simultaneously hydrating the skin.

Distinctive product features



How to use

Apply the cream during evening care routine, after cleansing the skin. Apply to face, neck, and cleavage.

Information

Scan QR code for more information



-  As many as 7 types of collagen – including valuable native and hydrolysed collagens.
-  The skin is noticeably hydrated and regenerated upon waking up.
-  96.6% natural product.
-  Cream applicator spatula guarantees safety and hygiene.



Key

- | | | |
|---|--|---|
|  IHHP™ fixation |  concentrated formula |  proprietary formula |
|  free of any corrosive substances or aggressive chemicals |  gluten-free |  resistance during passage through the digestive tract |
|  powered by the nature |  preservative and GMO-free |  optimal strain protection |
|  umbrella brand |  BPA-free |  concentrated formula |
|  100% natural ingredients |  lactose-free product |  perfect for cooking |
|  special glass bottle for pharmaceutical purposes |  no added sugar |  the product contains only natural colourants |
|  source of fibre and full grain |  handmade |  product for vegans and vegetarians |
|  environmentally sound |  safe for the skin |  high bioavailability |
|  5:1 lutein to zeaxanthin ratio: 5:1 |  clinically tested ingredients |  convenient form of sachets |

Pro Collagen Face Serum

Face serum

Ultralight, concentrated anti-aging face serum.

The product prevents signs of skin ageing, tightens the skin, and reduces the appearance of fine lines and wrinkles. Fish collagen and the complex of marine collagen with organic silicon visibly smoothen out fine lines and care for proper elasticity and firmness of the skin on your face.

Distinctive product features



How to use

Apply 3 to 5 drops to the palm of your hand and spread over face. Use morning and/or evening.

Information

Scan QR code for more information



-  Visible smoothing of wrinkles.
-  Completely natural thickener.
-  97.2% natural product.
-  As many as 3 types of collagen with high bioavailability.



Pro Collagen Face Mask

Face mask

Regenerating night face mask which reduces the visibility of wrinkles.

Its rich formula has been based on 13 active ingredients. A specially developed formula of the mask firms up the skin, smoothes, soothes it and makes the complexion regenerated and hydrated upon waking up.

Distinctive product features



How to use

Apply to the skin of the face, neck and cleavage, then pat any excess with your fingertips. Leave the mask on overnight. Use 2 times a week or more often depending on your skin's needs.

Information

Scan QR code for more information



-  Visible smoothing of wrinkles.
-  Regenerates, soothes, brightens and lifts.
-  94.4% natural product.
-  Its rich formula has been based on 13 active ingredients.



Key

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|---|---|---|
|  IHHP™ fixation |  concentrated formula |  proprietary formula |
|  free of any corrosive substances or aggressive chemicals |  gluten-free |  resistance during passage through the digestive tract |
|  powered by the nature |  preservative and GMO-free |  optimal strain protection |
|  umbrella brand |  BPA-free |  concentrated formula |
|  100% natural ingredients |  lactose-free product |  perfect for cooking |
|  special glass bottle for pharmaceutical purposes |  no added sugar |  the product contains only natural colourants |
|  source of fibre and full grain |  handmade |  product for vegans and vegetarians |
|  environmentally sound |  safe for the skin |  high bioavailability |
|  5:1 lutein to zeaxanthin ratio: 5:1 |  clinically tested ingredients |  convenient form of sachets |

Pro Collagen Face Platinum

Face, neck, and décolleté skincare.

Reduces the visibility of wrinkles

Pro Collagen Face Platinum is a cosmetic product designed for daily care of the skin of face, neck and cleavage, regardless of skin type and age. The effect of using collagen hydrate is a visibly hydrated, plumped, smoothed, more elastic and brightened skin.

Distinctive product features



How to use

Apply a small amount of collagen hydrate to cleansed, damp skin of the face. Gently distribute by patting. Leave for a while until absorbed. Once the cosmetic is absorbed, if there is a slight sensation of tight skin, use the cream from the Pro Collagen line.

Information

Scan QR code for more information



-  The cosmetic is free from ingredients which are the most common allergens
-  3 additional active ingredients, namely elastin, caprylyl glycol, lactic acid
-  High content of type 1 native collagen
-  No touch formula - hygienic product use



Pro Collagen Body Silver

Body care

Moisturises the skin and makes it more elastic

Pro Collagen Body Silver is designed for daily care of the whole body skin, regardless of its type and age. The result of using the collagen hydrate is noticeably hydrated, more elastic, and firmer skin.

Distinctive product features



How to use

Apply a small amount of the hydrate to cleansed, damp body skin. Gently distribute by massaging. Leave it for a while until absorbed. Once the cosmetic is absorbed, to prevent skin tightness, you can use body butter for everyday body care.

Information

Scan QR code for more information



-  The cosmetic is free from ingredients which are the most common allergens
-  3 additional active ingredients, namely elastin, caprylyl glycol, lactic acid
-  High content of type 1 native collagen
-  No touch formula - hygienic product use



Key

- | | | |
|---|---|---|
|  IHHP™ fixation |  concentrated formula |  proprietary formula |
|  free of any corrosive substances or aggressive chemicals |  gluten-free |  resistance during passage through the digestive tract |
|  powered by the nature |  preservative and GMO-free |  optimal strain protection |
|  umbrella brand |  BPA-free |  concentrated formula |
|  100% natural ingredients |  lactose-free product |  perfect for cooking |
|  special glass bottle for pharmaceutical purposes |  no added sugar |  the product contains only natural colourants |
|  source of fibre and full grain |  handmade |  product for vegans and vegetarians |
|  environmentally sound |  safe for the skin |  high bioavailability |
|  5:1 lutein to zeaxanthin ratio: 5:1 |  clinically tested ingredients |  convenient form of sachets |

Pro Collagen Elixir Rose

Caring for the skin around the eyes, mouth, and on the neck

Reduces the visibility of wrinkles and lifts up the skin around the eyes, mouth, and on the neck.

Pro Collagen Elixir Rose is a special formula of a collagen hydrate with antioxidants intended for intense anti-wrinkle and lifting care of the skin around the eyes, mouth, and on the neck, regardless of skin type. Thanks to the content of natural antioxidants, Pro Collagen Elixir Rose has a unique, luminous pink colour.

Distinctive product features



How to use

Instructions for use: apply a small amount of gel to cleansed and damp skin around the eyes, mouth, and to the neck. Gently spread by patting. Keep a safe distance from the conjunctival edge and eye corner. Leave for a while until completely absorbed.

Information

Scan QR code for more information



-  A blend of collagen with antioxidants from black carrot and marine algae
-  Unusual, luminous pink colour
-  High content of type 1 native collagen
-  No touch formula - hygienic product use.



Pro Collagen Body Butter 200 ml

body butter

Firming and modelling of the skin

Firming and modelling Pro Collagen Body Butter is a composition of 5 types of hyaluronic acid with collagen and other active ingredients enclosed in HyalFive 24/7 Nutri-Form™ formula. The butter hydrates and elasticises the skin, increasing its firmness.

Distinctive product features



How to use

Apply a small amount of the body butter directly to the skin. Rub gently until it is completely absorbed.

Information

Scan QR code for more information



-  Serves as a local „skin filler“, increases its suppleness and elasticity.
-  Hydrates and soothes irritations caused by excessive skin dryness.
-  Ideal for daily care and relaxing massage with protective and caring effects.



Key

- | | | |
|---|---|---|
|  IHHP™ fixation |  concentrated formula |  proprietary formula |
|  free of any corrosive substances or aggressive chemicals |  gluten-free |  resistance during passage through the digestive tract |
|  powered by the nature |  preservative and GMO-free |  optimal strain protection |
|  umbrella brand |  BPA-free |  concentrated formula |
|  100% natural ingredients |  lactose-free product |  perfect for cooking |
|  special glass bottle for pharmaceutical purposes |  no added sugar |  the product contains only natural colourants |
|  source of fibre and full grain |  handmade |  product for vegans and vegetarians |
|  environmentally sound |  safe for the skin |  high bioavailability |
|  lutein to zeaxanthin ratio: 5:1 |  clinically tested ingredients |  convenient form of sachets |

Pro Vita C Body Scrub

Cukrowy peeling do ciała

Revitalises and smoothes the body skin

Sugar scrub with cranberry particles cleanses and gently exfoliates dead skin cells. The scrub revitalises and smoothes, leaving skin silky smooth and soft. Thanks to the emollients and ECF Pro Nutri-Form™ with a complex of vitamins E, C and F found in the recipe, the cosmetic moisturises, nourishes and improves skin elasticity.

Distinctive product features



How to use

Apply the scrub to damp body skin. Massage with circular movements, and then rinse with plenty of warm water. Use once or twice a week.

Information

Scan QR code for more information



-  The product is composed on the basis of natural oils and a natural abrasive - cranberry seeds
-  Removes dead skin cells, leaving skin silky smooth and soft
-  With a pleasant, citrus scent



Pro Vita C Hand Cream

hand cream

Hydrates and soothes the skin of your hands

Thanks to the vitamin ECF Pro Nutri-Form™ formula, this moisturising and hydrating hand cream actively hydrates, soothes, smoothes out and restores the skin your hands. Regular use of Pro Vita C hand cream contributes to the reduction of visibility of the first signs of skin ageing.

Distinctive product features



How to use

Apply a small amount of the cream to the skin. Massage with gentle movements until completely absorbed.

Information

Scan QR code for more information



-  Research has confirmed the long-lasting moisturising effect
-  Restores elasticity, improves skin tautness
-  Reduces early signs of skin ageing and creates an occlusal protective layer
-  Recommended for all types of skin, including sensitive skin



Key

- | | | |
|---|---|---|
|  IHHP™ fixation |  concentrated formula |  proprietary formula |
|  free of any corrosive substances or aggressive chemicals |  gluten-free |  resistance during passage through the digestive tract |
|  powered by the nature |  preservative and GMO-free |  optimal strain protection |
|  umbrella brand |  BPA-free |  concentrated formula |
|  100% natural ingredients |  lactose-free product |  perfect for cooking |
|  special glass bottle for pharmaceutical purposes |  no added sugar |  the product contains only natural colourants |
|  source of fibre and full grain |  handmade |  product for vegans and vegetarians |
|  environmentally sound |  safe for the skin |  high bioavailability |
|  5:1 lutein to zeaxanthin ratio: 5:1 |  clinically tested ingredients |  convenient form of sachets |

Pro Keratin Hair Complex Shampoo

hair shampoo

Intensive hair repair

It is a recommendation for falling out, dry, damaged hair with split ends and without shine. The preparation composed of 6 active ingredients is an intensive therapy for your hair.

Distinctive product features



How to use

Apply a small amount of shampoo to wet hair, spread over the entire length of the hair and massage into the scalp, then rinse with warm water.

Information

Scan QR code for more information



-  The elixir composed of 6 active ingredients - an intensive therapy for your hair*
-  Reduces hair loss, improves its condition, thickens, smooths and makes your hair shine
-  Does not weigh down the hair and does not cause silicone build-up
-  Acidic pH closes the hair cuticle and positively influences its appearance



*Based on properties of the ingredients. See references on page 150

Pro Keratin Hair Complex Conditioner

hair conditioner

Hair restoration

A revitalising SOS for falling out, dry, damaged hair, with split ends and without shine. The elixir composed of 6 active ingredients, duo-functional in use.

Distinctive product features



How to use

Apply a walnut size portion to damp hair for 1-2 minutes, then rinse thoroughly with water.

Information

Scan QR code for more information



-  Recommendation for falling out, dry, damaged hair with split ends and without shine
-  Elixir with 6 active ingredients - an intensive therapy for your hair*
-  Dual use: as a mask or conditioner



*Based on properties of the ingredients. See references on page 150

Key

- 

IHHP™ fixation



concentrated formula



proprietary formula
- 

free of any corrosive substances or aggressive chemicals



gluten-free



resistance during passage through the digestive tract
- 

powered by the nature



preservative and GMO-free



optimal strain protection
- 

umbrella brand



BPA-free



concentrated formula
- 

100% natural ingredients



lactose-free product



perfect for cooking
- 

special glass bottle for pharmaceutical purposes



no added sugar



the product contains only natural colourants
- 

source of fibre and full grain



handmade



product for vegans and vegetarians
- 

environmentally sound



safe for the skin



high bioavailability
- 

lutein to zeaxanthin ratio: 5:1



clinically tested ingredients



convenient form of sachets

Pro Aloe Day Cream

day cream

Illuminates and ensures proper level of hydration

Pro Aloe Day Cream, developed on the basis of prebiotics and stem cells, is intended for care of all skin types - including young skin. Aloe vera stem cells restore balance to the skin and have soothing, protective and strengthening effects.

Distinctive product features



How to use

Apply the cream to cleansed skin of the face, neck and cleavage, omitting the area of the eyes. The cosmetic is a perfect make-up base. Use in the morning.

Information

Scan QR code for more information



Reduces the visibility of wrinkles



Restores a fresh appearance to the skin



The product is natural in as much as 97.6%



Improves skin elasticity and balances the skin's pH



Pro Aloe Night Cream

night cream

Regenerates the skin and provides the appropriate level of hydration during sleep

Pro Aloe Night Cream was created for night regeneration of your facial skin. The product's properties restore the skin's pH balance, soothe, protect, strengthen and even out the skin tone. Stem cells found in the cream will enhance the regeneration process.

Distinctive product features



How to use

Apply the cream to cleansed skin of the face, neck and cleavage, omitting the area of the eyes. Use in the evening.

Information

Scan QR code for more information



The product is natural in as much as 96.2%



With a regenerating and firming effect



Reduces the visibility of wrinkles



The rich formula of the cream has nourishing properties



Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
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concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Pro Aloe Face Cleansing Gel

Face cleansing gel

Cleansing the face of impurities and excess sebum

Cleansing care with Pro Aloe Cleansing Gel makes your skin feel soothed and refreshed. The skin is clean, radiant, and bright.

Distinctive product features



How to use

Apply the gel in circular motions to wet face. Avoid contact with eyes. Then rinse thoroughly with lukewarm water. Apply morning and evening.

Information

Scan QR code for more information



-  100% vegan.
-  It has gentle cleansing substances that do not cause excessive drying of the skin.
-  Makes your skin look radiant.
-  Gentle and effective cleansing.

Pro Aloe Daily Shampoo

shampoo

Hydration and conditioning of scalp and hair

The shampoo contains a combination of plant extracts, apple cider vinegar and high-performance active ingredients, restores the pH balance, seals hair cuticles and helps wash hair gently and effectively.

Distinctive product features



How to use

Apply a small amount of shampoo to wet hair, massage it into the scalp, and then rinse. Repeat if necessary. The product is suitable for everyday use.

Information

Scan QR code for more information

-  87,6% natural product
-  The shampoo hydrates and cares for the scalp.
-  Natural apple vinegar – comprehensive hair care
-  Contains gentle cleansing substances.



Key



IHHP™ fixation



concentrated formula



proprietary formula



free of any corrosive substances or aggressive chemicals



gluten-free



resistance during passage through the digestive tract



powered by the nature



preservative and GMO-free



optimal strain protection



umbrella brand



BPA-free



concentrated formula



100% natural ingredients



lactose-free product



perfect for cooking



special glass bottle for pharmaceutical purposes



no added sugar



the product contains only natural colourants



source of fibre and full grain



handmade



product for vegans and vegetarians



environmentally sound



safe for the skin



high bioavailability



lutein to zeaxanthin ratio: 5:1



clinically tested ingredients



convenient form of sachets

Pro Aloe Shower Gel

Shower gel

Gently cleanses and hydrates the skin of the body

Pro Aloe Shower Gel is a refreshing blend of natural ingredients which, thanks to the OHA Pro 24/7 Nutri-Form™ formula, makes use of the beneficial properties of green tea, oregano, mint, aloe and honey extracts. The shower gel cleanses, refreshes, gives you a sensation of moisturised skin, and helps rebuild the hydrolipidic film.

Distinctive product features



How to use

Moisten your body with water and apply a small amount of the gel on your hands or a bath sponge. Gently massage your skin. After cleansing, rinse the skin with water.

Information

Scan QR code for more information



Helps restore the hydrolipidic film



Hydrates, gently softens and makes the skin more elastic



A citrus floral scent brings the sensation of freshness to the daily bathing ritual



Recommended for all types of skin, including sensitive skin





Scan QR code for more information



WHLF Foundation

The Foundation was established in 2015 at the initiative of Bartosz Królikowski, Piotr Pacyga, Norbert Janeczek and Łukasz Godyń. The idea that the Founders had was to create an organisation which actively supports actions aiming to improve the society's health, promote active lifestyle and change the surrounding reality to the one that is favourable to people who care about their dreams and health.

European Social Campaign 'I Live Consciously'

European Social Campaign 'I Live Consciously' is a movement followed by World Healthy Living Foundation with active participation of specialists from different fields. The objective of the Campaign is to share knowledge, social education, promote conscious lifestyle and seeking optimum solutions which are in harmony with nature, through a holistic approach to human life.



5S strategy

5S Strategy stands for care about general condition of the body through pursuing 5 basic elements of our life. These elements are: Conscious nutrition, Physical fitness, Supplementation, Effective detoxification of the body and Stress Management, i.e. working with your mind.



Awareness Pays Off Program

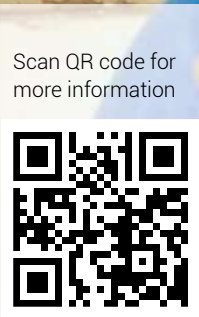
Awareness Pays Off Program is the only free mental support program for children and youth, parents, teachers, and entire school institutions. The program's goal is to equip the younger generation with tools for better understanding themselves, their emotions, and talents, and to increase their self-confidence and ability to pursue their dreams. The program also creates a space for parents and teachers, raising awareness on how to support the development of young individuals while not forgetting about themselves and their own needs.



Healthy Life Clubs

World Healthy Living Foundation is a patron of the social initiative '**Healthy Life Clubs**'. Under the initiative, local communities across Poland organise meetings in the form of lectures and practical classes which are dedicated to responsible lifestyle.






Foundation Help Furaha

The Help Furaha Foundation is an organization that supports the work of the Furaha Center in Kenya, which provides rehabilitation activities and a day care program for children with cerebral palsy, autism and Down syndrome. With qualified staff, Furaha provides its patients with proper care, meals, occupational and sensory therapy and fun activities. Furaha operates thanks to donations from people of goodwill, implementing daily care programs, worthy projects and numerous charity events.

www.helpfuraha.org

Do you want to be part of an international and noble project?

Project – „Let's Build Furaha Center Together - Buy a brick"

Let's build together a state-of-the-art Rehabilitation Center in Kenya for children with cerebral palsy, autism and Down syndrome from all over the world.

PLN: ING Bank 73 1050 1445 1000 0090 3179 6577
EUR: ING Bank PL 95 1050 1445 1000 0090 3179 6569
USD: ING Bank PL 83 1050 1445 1000 0090 8056 3050

Swift BIC code: INGBPLPW



Would you like to help a ward of the Help Furaha Foundation?

„Give me your hand" project

By donating PLN 100/month, you will join a spiritual adoption, providing a particular child with care, meals, therapy and a smile.

PLN: ING Bank 96 1050 1445 1000 0090 3179 6551
EUR: ING Bank PL 95 1050 1445 1000 0090 3179 6569
USD: ING Bank PL 83 1050 1445 1000 0090 8056 3050

Swift BIC code: INGBPLPW



How else can you support us?

We are a Public Benefit Organization (OPP) - donate 1.5% of your tax to our statutory purposes.

KRS: 0000770137

1,5 %

From the heart to the heart...

In the title of the transfer, please indicate which project it relates to.

Thank you for all your support.



References

DUOLIFE Dzień / DUOLIFE Day

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*Data concerning micro- and macro-elements included here are based on the approximated content presented by the United States of Agriculture Agricultural Research Service National Nutrient Database for Standard Reference Release 28 and published resources available from the US National Library of Medicine - National Institutes of Health.